The embodiments of the invention in which an exclusive property or privilege is claimed are defined as follows:

1. A roller skate comprising:

an upper portion for receiving a skater's foot;

a plurality of wheels;

a base having an upper surface securable to an underside of the upper portion for supporting the received skater's foot, the base including a heel region and a forefoot region, the forefoot region having a metatarsal head portion;

a forward frame segment rotatably receiving at least two of the plurality of wheels, the forward frame segment being secured to the forefoot region of the base and comprising a pair of longitudinal, generally parallel sidewalls in spaced disposition to form a channel therebetween;

a transverse stabilizing member connecting the forward frame segment sidewalls at a rear end of the forward frame segment sidewalls such that the rear end of the forward frame segment sidewalls are maintained with a predetermined spacing; and

a rearward frame segment rotatably receiving at least one of the plurality of wheels, the rearward frame segment being secured to the base at a front connection point and at a back connection point, and having a pair of longitudinal, generally parallel sidewalls in spaced disposition, the forward and rearward frame segments overlapping such that a portion of the rearward frame segment slidably engages the forward frame segment wherein the forward frame segment can rotate with respect to the rearward frame segment to accommodate flexure of the base;

wherein the transverse stabilizing member is longitudinally located between the rearward frame segment front and back connection points.

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